



I INTERNATIONAL
CONGRESS OF
PSYCHOMOTOR
THERAPY OF FMH

PARTICIPANT KIT

MAY, 7-9 2021
ONLINE

U LISBOA

UNIVERSIDADE
DE LISBOA

f **MH** FACULDADE DE MOTRICIDADE HUMANA



I INTERNATIONAL CONGRESS OF PSYCHOMOTOR THERAPY OF FMH

Dear Participant,

Welcome to the 1st International Congress of Psychomotor Therapy at FMH.

We thank you in advance for your participation in this event and we hope that over the course of these three days, we can contribute to providing more knowledge, more learning and more sharing.

Despite the pandemic crisis that we are experiencing, we have adapted to the new circumstances and organized this event in an online format, in which professionals from all over the world will participate, renowned and with a vast curriculum in the area of Psychomotor Therapy. This format creates the opportunity that allows the participant to attend and participate according to their interests, to the different conferences, organized in simultaneous rooms, in a linguistic logic (PT, EN, ES, FR).

This KIT was created so that you can access and follow the event. On the following pages, you can find the Congress Presentation, the Program for each day, the Abstracts of each of the invited speakers and the user manual to access the platform where the event will take place.

Some important notes:

- During your participation in the Congress, make sure that you maintain a stable internet network connection;
- Use the chat / comments tool, during presentations, to ask your questions, doubts or comments;
- The Conferences, Thematic Symposiums and Workshops will take place in parallel rooms, being able to circulate freely between them;
- Posters will be available throughout the event and you will be able to view them and clarify doubts with the authors, using the Discussion Forum for this purpose;
- All content presented during the event (Conferences, Thematic Symposia, Posters and Workshops), will be recorded and made available in a virtual room, being available for a period of **7 days**, after the end of the event, so that you can view / review the contents;
- The contents made available in the virtual room **are for viewing only, and its download, reproduction, sharing, screen recording, dissemination and commercialization are strictly prohibited**;
- After the end of the event, an email will be sent to you, with the Certificate of Participation and the link to answer to the Event Evaluation Form.

Best regards,

The Organizing Commission



CONGRESS PRESENTATION

The I International Congress of Psychomotor Therapy of the Faculty of Human Kinetics, corresponding to the III Scientific Journeys of Psychomotor Therapy, will take place in a period of great uncertainty, linked to the situation of an epidemic experienced worldwide.

In this new framework of life, we are all faced in our daily lives, with new challenges of adaptation, in which the continuity processes linked to our routines and rituals in personal and professional life, involve us in continuous unpredictability and in necessary problem solving processes.

The body is confronted with an imposing presence of the virtual, and being true that it opens up new possibilities in distance communication, it also creates a distance in bodily proximity and in the possibility of sharing affections in person, without restrictions.

Psychomotor intervention, due to its relational specificity, mediated by the body and movement, significant in its cognitive and socioemotional expression, also feels this pressure of discontinuity and questions about its future.

In this context of uncertainty, this congress aims to project itself in a vision of continuity of Psychomotor Therapy, as a professional area, arguing unequivocally that the affirmation and the reinforcement of its identity, can only be seen in a framework of validation and scientific evidence, confirmed research and professional practices.

In addition to the circumstance of the moment, which will leave its positive marks in some innovations resulting from the demands of this atypical time, the congress essentially wants to value the vision of continuity of Psychomotor Therapy foundations and its long-term impacts on the three sub-themes of the congress, correspond to professional development contexts: Mental Health, Development and Learning and Functionality and Quality of Life.

The fact that the congress is held in online format, also offers us the possibility of counting on the collaboration of lecturers of great reputation in their areas of expertise, with relevant publications and also because many of them hold positions in the leadership of bachelor or master's degree in Psychomotor Therapy.

We count on your participation, because only in a perspective of professional proximity, we can, through our joint reflection, define routes that lead us to a professional situation scientifically confirmed, stable and recognized in its specificity and effectiveness.

Rui Martins
President of the Scientific Commission



CONGRESS PROGRAM

friday, 7

saturday, 8

sunday, 9

11h00 – 11h30	Conferência 1 Martin Vetter (DE)	Conferência 2 A confirmar	Conferência 3 Juan García Nunez (ES)	Conferência 4 Dayse Campos de Souza (BR)	Conferência 5 Joaquim Serrabona (ES)	
11h30 – 12h00	Conferência 6 Claudia Emck (NL)	Conferência 7 Gemma Matta (LB)	Conferência 8 Cori Camps (ES)	Conferência 9 Daniel Silva (BR)	Conferência 10 Galo Pesantez (EC)	Conferência Carlos Neto (PT)
12h00 - 12h30	Conferência 11 Joske van Busschbach (NL)	Conferência 12 Aude Buil (FR)	Conferência 13 Tatiana Gurovich (CL)	Conferência 14 Nivaldo Torres (BR)	Conferência 15 Cecília Pinedo (PE)	Mesa Redonda de Encerramento Gèrard Hermant (FR) Juan Mila (UY) Rui Martins (PT)
12h30 – 13h00	Diálogo/Questões (por sala)					Encerramento com Momento Cultural
13h00 – 14h00	Almoço					
14h00 - 14h30	Momento Cultural					
14h30 – 16h00	Simpósio 1	Simpósio 2	Simpósio 3	Simpósio 4	Simpósio 5	
16h00 – 16h15	Pausa					
16h15 – 16h45	Conferência 16 Mathilde Mikkelsen (DK)	Conferência 17 Séverine Bekier (FR)	Conferência 18 Eliana Maldonado (BO)	Conferência 19 Lara Loureiro (BR)	Conferência 20 Miguel Sassano (AR)	
16h45 – 17h15	Conferência 21 Judith Säegesser (CH)	Conferência 22 Alexandrine Saint-Cast (FR)	Conferência 23 Begoña Suarez (MEX)	Conferência 24 Franco Boscaini (IT)	Conferência 25 Arturo Diaz (ES)	
17h15 – 17h45	Diálogo/Questões (por sala)					
17h45 – 19h00	Workshop 1	Workshop 2	Workshop 3	Workshop 4	Workshop 5	
19h00-19h30	Encerramento do Dia (Feira de Pósteres)					
18h00 – 18h30	Sessão de Abertura Presidente da Comissão Científica Presidente da APP Presidente do DECSH Presidente da FMH					
18h30– 19h00	Conferência Abertura Nacional Rui Martins (PT)					
19h00 – 19h30	Conferência Abertura Internacional Juan Mila (UY)					
19h30 - 20h00	Momento Cultural					

On May 8, 2021, there will be 5 simultaneous rooms, whose conferences will be in the following languages:
Room 1- English; Room 2- French; Room 3- Spanish; Room 4- Portuguese; Room 5- Spanish



MAY, 7 2021

18h00-18h30

Opening Session

18h30-19h00

National Opening Conference with Rui Martins

To be or not to be. That is the Question! The Identity of Psychomotricity in the Paths of Science

19h00-19h30

International Opening Conference with Juan Mila

Reflections on Psychomotor Therapy Research. Doctoral Thesis on Psychomotor Therapy, in Spanish Universities, in the Period of 1979-2020

19h30-20h00

Closing of the Day with a Cultural Moment



MAY, 8 2021

11h00-11h30

Conference 1: **Martin Vetter**
Conference 2: **Ariane Renel**
Conference 3: **Juan Garcia Nuñez**
Conference 4: **Dayse Campos de Souza**
Conference 5: **Joaquim Serrabona**

11h30-12h00

Conference 6: **Claudia Emck**
Conference 7: **Gemma Matta**
Conference 8: **Cori Camps**
Conference 9: **Daniel da Silva**
Conference 10: **Galo Pesántez**

12h00-12h30

Conference 11: **Joske van Busschbach**
Conference 12: **Aude Buil**
Conference 13: **Tatiana Gurovich**
Conference 14: **Nivaldo Torres**
Conference 15: **Cecília Pinedo**

12h30-13h00

Dialogue/Questions (By Each Room)

13h00-14h00

LUNCH

14h00-14h30

CULTURAL MOMENT



MAY, 8 2021

14h30-16h00

Symposium 1: *Assessment and Psychomotor Intervention with children with Autism Spectrum Disorder*

Moderator: Adriana Frazão

14h30-16h00

Symposium 2: *Psychomotor Intervention in times of Pandemic*

Moderator: Joana Carvalho

14h30-16h00

Symposium 3: *Proposals for Psychomotor Intervention in Women with Breast Cancer*

Moderator: Inês Oliveira

14h30-16h00

Symposium 4: *Links and Interlocutions: Experiences Shared by Psychomotricists in Online Service*

Moderator: Susana Cabral

14h30-16h00

Symposium 5: *Movement and Well-Being*

Moderator: Ana Lourenço



MAY, 8 2021

14h30-16h00

Symposium 6: *Psychomotor Evaluation: The Validation of Instruments in Portugal*
Moderator: Ana Morais

14h30-16h00

Symposium 7: *The sooner the better !!!*
Moderator: Teresa Brandão

14h30-16h00

Symposium 8: *Identity and Subjectivity in Psychomotricity*
Moderator: Paula Lebre

14h30-16h00

Symposium 9: *Psychomotricity and Early Childhood Education - Perceptions about the Body in Pedagogical Practice*
Moderator: Jocián Bueno e Patrícia Távora

14h30-16h00

Symposium 10: *Neurodevelopmental Disorders in Childhood: The role of Psychomotor and Psychomotor Intervention*
Moderator: Ana Rodrigues



MAY, 8 2021

16h00-16h15

PAUSE

16h15-16h45

Conference 16: **Mathilde Mikkelsen**
Conference 17: **Séverine Bekier**
Conference 18: **Eliana Maldonado**
Conference 19: **Lara Loureiro**
Conference 20: **Miguel Sassano**

16h45-17h15

Conference 21: **Judith SÄEGESSER**
Conference 22: **Alexandrine Saint-Cast**
Conference 23: **Begoña Suarez**
Conference 24: **Franco Boscaini**
Conference 25: **Arturo Diaz**

17h15-17h45

Dialogue/Questions (By Each Room)

17h45-19h00

Workshop 1: Corporality in the Institutionalized Elderly Person: Looking to the Near Future - **Cristina Espadinha, Paula Lebre, Ana Morais, Catarina Branquinho and Sara Falcão**

Workshop 2: The Boy Who Couldn't Stop - Presentation of a Case Study with Anorexia Nervosa - **Rita Palma, Claudia Marcela Carta and María Natividad Castellani**

Workshop 3: Intervention in Protected Minors with Mental Health Disorders in the Community of Madrid - **Juan António Garcia Nuñez**

Workshop 4: Beabrinçar - Clinical Work in Relational Psychomotor Therapy - **Beatriz Boscardin**

Workshop 5: Aquatic Psychomotricity, the Child with Autism Spectrum Disorder (ASD) and the Psychomotor Organization - **Jocian Bueno and Haryadna Pereira**

19h00-19h30

Presentation of Exam Gerontopsicomotor (EGP)
Ana Morais and Juan Mila



MAY, 9 2021

11h30-12h00

Conference 25: **Carlos Neto**

12h00-12h30

Round Table

Gèrard Hermant | Rui Martins | Juan Mila

Theme: Visions for the Future of Psychomotor Therapy: Opportunities and Threats in the Sociopolitical Environment and their Implications for Training, Research and Professional Frameworks

12h30-13h00

Closing of the Event with a Cultural Moment



INTERNACIONAL CONFERENCES

I INTERNATIONAL CONGRESS OF PSYCHOMOTOR THERAPY OF FMH

NATIONAL OPENING CONFERENCE: "To be or not to be. That is the Question! The Identity of Psychomotricity in the Paths of Science" - **Rui Martins**

INTERNATIONAL OPENING CONFERENCE: "Reflections on Psychomotor Therapy Research. Doctoral Thesis on Psychomotor Therapy, in Spanish Universities, in the Period of 1979-2020" - **Juan Mila**

CONFERENCE 1: "G-FIPPS: How to Practice an Effective, Holistic Approach of Graphomotor Intervention in Psychomotricity - and Some Theoretical Aspects" - **Martin Vetter**

CONFERENCE 2: To be confirmed

CONFERENCE 3: " Mental Health" - **Juan Garcia Nuñez**

CONFERENCE 4: "Psychomotor Therapy and Quality of Life: a Research-Training Experience" - **Dayse Campos de Souza**

CONFERENCE 5: "Psychomotor Therapy and the Development of Executive Functions, from a Relational Approach" - **Joaquim Serrabona**

CONFERENCE 6: "Psychomotor Interventions as a Transdiagnostic, Embodied, Developmental Approach" - **Claudia Emck**

CONFERENCE 7: "The Effectiveness of Psychomotor Therapy Interventions: a Protocol for the Rehabilitation of Mental Flexibility among Young Adolescents from 11 to 15 years with School Difficulties" - **Gemma Matta**

CONFERENCE 8: "Methodology in Psychomotor Therapy Sessions and their Effects on Motor and Emotional Development in Childhood Education" - **Cori Camps**



INTERNACIONAL CONFERENCES

I INTERNATIONAL CONGRESS OF PSYCHOMOTOR THERAPY OF FMH

CONFERENCE 9: "The Initial and Continuing Training of Psychomotor Therapist for an Evidence-Based Psychomotor Therapy: Contributions of Historical-Critical Pedagogy" - **Daniel da Silva**

CONFERENCE 10: "Neurological and Psychomotor Therapy Approach of the Autistic Spectrum Disorder" - **Galo Pesántez**

CONFERENCE 11: "Moving On": Combining more Classical and Innovative Research Methods to Build on the Evidence Base for Psychomotor Interventions for Adults with Mental Health Problems in the Netherlands" - **Joske van Busschbach**

CONFERENCE 12: "Prematurity" - **Aude Buil**

CONFERENCE 13: "Itinerary of a Parental Accompaniment in Times of Pandemic, Made from the Psychomotor Approach" - **Tatiana Gurovich**

CONFERENCE 14: "A Single Psychomotor Therapy and a Single Body: a lot of Objectives" - **Nivaldo Torres**

CONFERENCE 15: "Contributions of Ecological and Inclusive Psychomotor Therapy Care in Early Childhood, Sommertag Project - Oxapampa-Peru" - **Cecília Pinedo**

CONFERENCE 16: "Can you feel what I say - and all that i don't say? About Experiences as Professional Competence on Psychomotor Education - Development of Didactics" - **Mathilde Mikkelsen**

CONFERENCE 17 "The Challenges of Psychomotor Research: Presentation of an Innovative Research Methodology" - **Séverine Bekier**

CONFERENCE 18: "Emergency Corporeality: Itinerary of a Virtual Approach in the Body Formation of Psychomotor Therapists in Bolivia" - **Eliana Maldonado**



INTERNACIONAL CONFERENCES

I INTERNATIONAL CONGRESS OF PSYCHOMOTOR THERAPY OF FMH

CONFERENCE 19: "The Impacts of COVID-19 on Psychomotor Aspects in Individuals Cured between 18 and 64 years" - **Lara Loureiro**

CONFERENCE 20: "Psychomotor Skills Based on Evidence in the Assessment of the Attitudes of the Psychomotor in Training" - **Miguel Sassano**

CONFERENCE 21: "Different Settings in Graphomotor Support" - **Judith Saegesser**

CONFERENCE 22: "The Contributions of Mixed Methodologies to Psychomotricity - Illustrations in Clinical Research" - **Alexandrine Saint-Cast**

CONFERENCE 23: "Psychomotor Action Space" Evaluation, Range and Reflection of the Predictive Battery" - **Begoña Suarez**

CONFERENCE 24: "From Disorder of Tonic Dialogue to Psychomotor Instability - Diagnostic Taxonomy" - **Franco Boscaini**

CONFERENCE 25: "Relationship of the Psychomotor Profile with the Academic Performance in Childhood Education" - **Arturo Diaz**

FINAL CONFERENCE: "Psychomotor Therapy and the Right to Play and be Active in Pandemic Times" - **Carlos Neto**



THEMATIC SIMPOSIA

I INTERNATIONAL CONGRESS OF PSYCHOMOTOR THERAPY OF FMH

SYMPOSIUM 1: "Assessment and Psychomotor Intervention with children with Autism Spectrum Disorder" - **Moderator:** Adriana Frazão

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SYMPOSIUM 6: "Psychomotor Evaluation: The Validation of Instruments in Portugal" - **Moderator:** Ana Morais

SYMPOSIUM 7: "The sooner the better !!!" - **Moderator:** Teresa Brandão

SYMPOSIUM 8: "Identity and Subjectivity in Psychomotricity" - **Moderator:** Paula Lebre

SYMPOSIUM 9: "Psychomotricity and Early Childhood Education - Perceptions about the Body in Pedagogical Practice" - **Moderator:** Jocian Bueno

SYMPOSIUM 10: "Neurodevelopmental Disorders in Childhood: The role of Psychomotor and Psychomotor Intervention" - **Moderator:** Ana Rodrigues



WORKSHOPS

I INTERNATIONAL CONGRESS OF PSYCHOMOTOR THERAPY OF FMH

WORKSHOP 1: "Corporality in the Institutionalized Elderly Person: Looking to the Near Future"- **Cristina Espadinha, Paula Lebre, Ana Morais, Catarina Branquinho and Sara Falcão**

WORKSHOP 2: "The Boy Who Couldn't Stop - Presentation of a Case Study with Anorexia Nervosa"- **Rita Palma, Claudia Marcela Carta and María Natividad Castellani**

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VIRTUAL POSTER FAIR

I INTERNATIONAL CONGRESS OF PSYCHOMOTOR THERAPY OF FMH

NOTE: We remind participants and authors of the Posters, that they **will not be presented** during the Congress. They will be **available in a virtual room**, throughout the event and, for a week, where comments / clarification of doubts can be made, through the discussion forum, open for each Poster.

POSTER 1: "'Endireita" Program - Contribution of Psychomotor Intervention to the Promotion of Socioemotional Skills of Adolescents and Young Adults with Delinquent Behaviors and in Compliance with Judicial Execution Measures in the Community" - **Alice de Sousa, Margarida Santos, Mariana Gomes da Silva and Celeste Simões**

POSTER 2: "Tools used by psychomotricists and other professionals to detect vulnerable babies" - **Anne Taymans**

PÓSTER 3: "Early Psychomotor Stimulation: Prevention in Psychomotor Practice" - **Carmen Sandu and A. Matias**

POSTER 4: "Assessment of Disability Degree in Post-Stroke Patients: Correlation between Gerontopsychomotor Examination and Other Functional Disability Assessment Scales" - **Daniela Gomes, Ana Catarina Fonseca and Ana Rita Bodas**

POSTER 5: "The Effects of a Psychomotor Relaxation Program on Health and Well-Being Indicators and the Affective Body Experience of Breast Cancer Survivors" - **Daniela Guerreiro and Guida Veiga**

POSTER 6: "Psychomotor Intervention in the Promotion of Socioemotional Skills in Adults with Psychiatric Disorders in a Socio-Occupational Context" - **Diana Casado and Celeste Simões**

POSTER 7: "Screens and Handwriting - Support Technologies in Psychomotor Intervention" - **Glória Pereira and Graça Faria**

POSTER 8: "Motor Skills and Grafomotor Skills in Children of the 2nd Year of Schooling" - **Helena Coradinho, Filipe Melo, Hans-Leo Teulings e Ana Rita Matias**

POSTER 9: "Psychomotor Therapy Assessment - Bright Mind Project" - **Isaac Pavão, Ana Fonseca Félix and Cristina Espadinha**

POSTER 10: "Psychomotor Relaxation in Women with Breast Cancer - an Individual Intervention Proposal" - **Joana Oliveira, Marta Fonseca and Graça Duarte Santos**



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POSTER 11: "The Horse as a Mediator in Psychomotor Intervention" - **Madalena Castelhana and A. Matias**

POSTER 12: "A Pair and Step with our Children" - **Catarina Sécio, Mafalda Correia and Sofia Gonçalves**

tion in Schools to Reduce Behavior Problems and Improve Academic Skills" - **Marília Braga, Diana Pereira and Celeste Simões**

POSTER 14: "Intervir Project: Psychomotor Therapy at School and Daydreaming" - **Marília Braga**

POSTER 15: "Poor Motor Performance - Do Peers Matter? The importance of psychomotor therapy for children's mental health"- **Olivia Gasser-Haas**

POSTER 16: "Assessment of Coordination Development Disorders: Study of the Metric Properties of the Coordination Development Disorder Identification Questionnaire" - **Rita Costa and Ana Rodrigues**

POSTER 17: "Psychomotor Therapy and Praxic Function: Frontal aspects to consider when executing gestures in people with intellectual disabilities" - **Sara Pinto and Yamisel Chong**

POSTER 18: "Psychomotor Education Project in Pre-school Education: A project at the Integrated Basic School of Praia da Vitória" - **Sara Sarroeira and Carolina Costa**

POSTER 19: "Personal Training of the Online Psychomotor Therapist" - **Maria de Lourdes Benavides Magalhães and Susana Cabral**

POSTER 20: "The Role of Psychomotor Intervention in Early Ages in a Temporary Reception Center: Case Study" - **Marisa Gaitto and Ana Rita Matias**



HOW TO ACCESS THE CONGRESS?

Dear Participant,

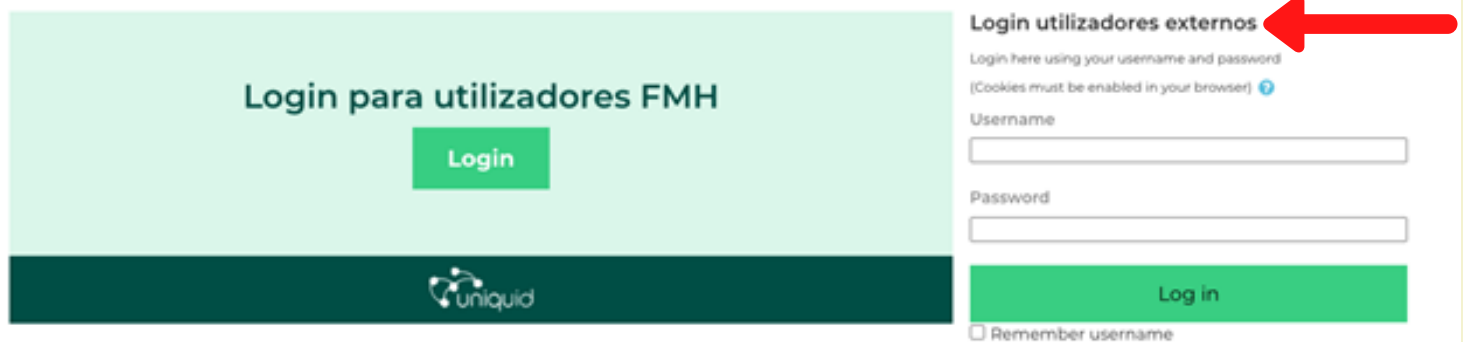
To attend the I International Congress of Psychomotor Therapy of Faculty of Human Kinetics, you should follow these steps:

1. Go to a browser, in preference Google Chrome, and put the following url:
<https://sga.fmh.ulisboa.pt>

2. Choose your language of preference and then click on the button saying “Log In”;



3. On the next screen, in the area that says “Login de Utilizadores Externos”, you should put your username and password that is below. Then you should press the “Log in” button.



Username: (SENT BY EMAIL WITH THE PARTICIPANT KIT)

Password: (SENT BY EMAIL WITH THE PARTICIPANT KIT)

NOTE: FMH STUDENTS, MUST ACCESS THROUGH "LOGIN FOR FMH USERS", USING THEIR CREDENTIALS.

4. This congress is organized in the moodle platform.

On the next screen you will see an icon with the name of the conference in the “My courses” area. You should now click on the phrase “I Congresso Interna...”

5. From this moment you will enter the I International Congress of Psychomotor Therapy zone where you can attend the different sessions and see the posters, following the instructions indicated for each of the activities.





NOTES



I INTERNATIONAL
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OF FMH

GIVE YOUR OPINION!

Share your moments on social media using
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GIVE YOUR OPINION!



**Learning is the only thing that the mind never tires,
never fears and never regrets.**

LEONARDO DA VINCI

**Learning is discovering what you already know.
Doing is demonstrating that you know it. Teaching
is reminding others that they know as much as you
do.**

RICHARD BACH

